

The ear is a complex organ consisting of three distinct compartments: the external, middle and inner ear which enables a person to hear. The external auditory canal, linking the outer ear to the ear drum, is lined with sebaceous glands which secrete cerumen, a very greasy waxy substance that is yellow in colour.

# What is the purpose of cerumen?

Cerumen protects the ear from infection, dust and foreign bodies. It controls the bacteria naturally present on the surface of the skin in the external auditory canal, Finally, it lubricates the ear drum which would otherwise become hard and rigid, without the fine tuning which enables it to transmit sound.

## Why is hygiene so important for the ears?

Under normal circumstances, cerumen moves naturally towards the outside of the external auditory canal thanks to the jaw movements that occur when chewing. Any malfunction in this process leads to a build-up of cerumen. The resultant plug of wax prevents the ear from functioning properly, leading to loss of hearing, buzzing in the ears, vertico etc.

By using gentle ear hygiene products, the external auditory canal can be kept clean, preventing the build-up of wax.

#### What is A-Cerumen?

A-Cerumen is a gentle ear hygiene product containing surface-active agents. A-Cerumen is recommended for children over the age of 30 months and for adults:

- used regularly, it helps to eliminate any cerumen residue and prevents the build-up
  of wax.
- it also dissolves plugs of wax.

BEFORE USING IN BABIES AND INFANTS, ASK YOUR DOCTOR FOR ADVICE.

#### Packaging

Box of 10 x 2 mL single-dose vials.

### Composition

Solution of alkylamido polypeptide salt	35,56 g
Solution of Coco-betaine	
PEG 120 methyl glucose dioleate	1.50 g
Excipients	q.s 100 g

#### Dosace

- For regular ear hygiene: use twice a week.
- If plugs of wax have formed: use morning and evening over 3 to 4 days.

# Instructions for use

- Tilt your head on the opposite side to the ear to be treated.
- Instil one-half of the contents of a single-dose vial in each ear.
- Leave for about 1 minute.
- Tilt your head back in order to let the product and the mucosities drag down, then rinse\* and wipe the excess solution.

# Warning

- · Risk of sensitization to one of the ingredients.
- Once opened, a single-dose unit must be used within 24 hours.
- Store at below 30°C.
- Do not use after the expiry date stated on the single-dose vial.
- Do not use a damaged single-dose vial.

#### Precautions

- Do not push the tip of the single-dose vial too far into the auditory canal to avoid irritation.
- Do not use the product if the patient has a perforated eardrum, or if he is suffering from an ear infection or if he has a grommet.
- . If the ear is painful, consult your doctor.
- · Avoid contact with eyes.
- Do not swallow.

KEEP OUT OF THE REACH AND SIGHT OF CHILDREN.

\* Rinse with physiological saline solution or clear water.

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